## Jeju National University Hospital

# **Health Promotion Center**





# Lifetime Partner in Health Care

Jeju National University Hospital Health Promotion Center

**Jeju National University Health Promotion Center** doesn't offer simply health checkups based on test results but rather the customized consultations and on-going concern for examinee's well-being. We'll provide the examinees with special service to improve and maintain their health.



## Just knock on the door We will be your lifetime health care partner

## Features of Jeju National University Health Promotion Center

Most of the tests in the program are available in a fresh, comfortable environment without moving.

The introduction of different kinds of health checkup programs makes it possible for the patients to have extensive medical checkups they want.

Each specialist of Jeju National University Hospital conducts examinations such as ultrasonography, radiography, endoscopy and diagnose.

You will be connected with the appropriate doctor to receive swift treatment after finding something wrong in your body.

Delicious soup will be provided to appease the hunger after the checkup.

Above all, this center's best feature is to provide lifetime customized and extensive health care to every examinee.

For the convenience of the examinee, a checkup notice, health checkup questionnaire, and sample container will be mailed two weeks before the scheduled check-up.

## **Basic Health Checkup Program**

Checkup program to screen for frequent diseases and assessment of dangerous factor to develop diseases according to age

\* Redundancy cost discount available for the Nationtal Health Insurance Service (NHIS) health checkup subjects.





#### Health risk checkup program for people in their 20-30s



[₩]



Green Checkup Anthropometry / Obesity / Vision, Intraocular pressure / Pulmonary function test / grip test / Electrocardiogram / Urinalysis / Heart rate variability test / Blood test I (Common blood, Liver function, Kidney function, Thyroid function, Chronic hepatitis antibody) / Hepatitis A antibody / Chest radiogram / Abdominal Ultrasonography

· add for female: Rubella antibody

\* Cervical cancer screening by the NHIS can be done concurrently.

#### Screening program for cancer with high incidence in over 40s

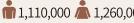




Anthropometry / Obesity / Vision, Intraocular pressure, Fundus / Pulmonary function test / grip test / Electrocardiogram / Fecal examination and Urinalysis / Blood test II (Blood test I + Arteriosclerosis, Tumor marker, Pancreatic enzymes, etc.) / Hepatitis A antibody / Chest radiogram / Abdominal Ultrasonography / Gastroscopy (or upper gastrointestinal series)

· add for female: Mammography / Liquid-based cervical cancer screening test, HPV DNA test

#### Screening program for middle-aged diseases and major cancers $\frac{1}{100000}$ $\frac{1}{100000}$ $\frac{1}{1000000}$





Checkup

Anthropometry / Obesity / Vision, Intraocular pressure, Fundus / Pulmonary function test / grip test / Electrocardiogram / Fecal examination and Urinalysis / Blood test III (Blood test II + Bone Markers, Vitamin D, etc.) / Sex Hormone Test / Bone mineral density / Biological age test / Chest radiogram / Abdominal Ultrasonography / Gastroscopy (or upper gastrointestinal series)

· add for female: Mammography / Liquid-based cervical cancer screening test, HPV DNA test

#### Health check-up program for healthy aging management for over 60s 1,110,000 1,260,000





Anthropometry / Obesity / Vision, Intraocular pressure, Fundus / Pulmonary function test / grip test / Electrocardiogram / Fecal examination and Urinalysis / Blood test III (Blood test II + Bone Markers, Vitamin D, etc.) / Pure tone audiometry / Bone mineral density, Muscle mass measurement / Chest radiogram / Abdominal Ultrasonography / Gastroscopy (or upper gastrointestinal series)

· add for female: Mammography / Liquid-based cervical cancer screening test, HPV DNA test

<sup>\*</sup> There are additional costs for sedation endoscopy or biopsy during the checkup

<sup>-</sup> Sedation (gastroscopy): 104,000 / Sedation (colonoscopy): 130,000 / Sedation (gastroscopy & colonoscopy): 156,000

## **Premium Health Checkup Program**

A high quality health checkup program that precisely conducts various cancer tests

※ Provide CD coy of image examination



Comprehensive screening program for various cancers and diseases of each organ for over 40 years of age





[₩]



- Blue checkup
- + Heart rate variability & Blood vessels elasticity test + Ultrasonography (Thyroid, Male-Prostate / Female-Breast)
- **Cancer Checkup**
- + Colonoscopy
- + Low-dose Chest CT, Abdomen & Pelvic CT, Abdominal obesity CT

Comprehensive screening program including major cancers 2,041,000 2,171,000 and cardiovascular diseases for over 40 years of age





#### Blue checkup

- + Heart rate variability & Blood vessels elasticity test + Ultrasonography (Thyroid, Male-Prostate / Female-Breast)
- Blue Cardio-vascular
- + Colonoscopy
- Checkup
  - + Low-dose Chest CT, Coronary CT angiography, Abdominal obesity CT

Comprehensive screening program for middle-aged diseases, various cancers, and diseases of each organ





#### Gold checkup

- + Atherosclerosis test, Muscle mass measurement
- + Ultrasonography (Thyroid, Male-Prostate / Female-Breast) Gold + Colonoscopy
- **Cancer Checkup** 
  - + Low-dose Chest CT, Abdomen & Pelvic CT, Abdominal obesity CT

Comprehensive screening program including middle-aged 2,236,000 2,366,000 disease, major cancers and cardiovascular diseases





#### Gold checkup

- + Atherosclerosis test, Muscle mass measurement
- + Ultrasonography (Thyroid, Male-Prostate / Female-Breast)
- Cardio-vascular + Colonoscopy Checkup
  - + Low-dose Chest CT, Coronary CT angiography, Abdominal obesity CT

## Additional specialized tests for each organ



In the basic health checkup program, specialized tests for each organ can be added.

	[₩]
Gastric disease such as esophagus cancer, gastric cancer, duodenitis, ulcer, etc.	117,000
Inflammation, ulcer, polyp of colon, colorectal cancer	260,000
Coronary artery stenosis, occlusion	481,000
Cancer of the abdominal organs (Liver, Gallbladder, Kidney, Pancreas, Bladder, Uterine, Ovarian, etc.)	416,000
Bronchopulmonary disease, lung cancer	195,000
Brain tumor, cerebrovascular disease, cerebral aneurysm, carotid artery diseases	1,430,000
Cerebrovascular diseases, cerebral aneurysm	884,000
Carotid artery diseases	243,000
Arterial stiffness and lower extremity artery stenosis	52,000
Stress test, autonomic balancer	52,000
Osteoporosis test	81,000
Liver, gallbladder, kidney, spleen, (partial) pancreas diseases	215,000
Breast cyst, nodules, breast cancer	215,000
Prostate enlargement, prostate cancer	172,000
Thyroid cyst, thyroid cancer	172,000
Diagnosis of cancer, cancer stage and metastasis determination	1,235,000
	gastric cancer, duodenitis, ulcer, etc.  Inflammation, ulcer, polyp of colon, colorectal cancer  Coronary artery stenosis, occlusion  Cancer of the abdominal organs (Liver, Gallbladder, Kidney, Pancreas, Bladder, Uterine, Ovarian, etc.)  Bronchopulmonary disease, lung cancer  Brain tumor, cerebrovascular disease, cerebral aneurysm, carotid artery diseases  Cerebrovascular diseases, cerebral aneurysm  Carotid artery diseases  Arterial stiffness and lower extremity artery stenosis  Stress test, autonomic balancer  Osteoporosis test  Liver, gallbladder, kidney, spleen, (partial) pancreas diseases  Breast cyst, nodules, breast cancer  Prostate enlargement, prostate cancer  Thyroid cyst, thyroid cancer  Diagnosis of cancer, cancer stage and







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### Things you should know before the check-up

- Please have a light dinner of low-fat food the day before your checkup, and do not eat anything (including water, drinks, coffee, candy, gum) after 10pm.
  - (In case of colonoscopy, be sure to refer to the guideline for colonoscopy)
- Tooth brushing in the morning is possible.
- The person taking blood pressure pills should take only the blood pressure pills and the person taking anticoagulation pills including aspirin is required to inform own doctor in advance.
- If you are taking diabetes medication, do not take it on the day of the test.
- Women who are pregnant or during menstruation should inform the medical staff in advance and gynecologic examination is possible 7days after menstruation.
- Do not carry valuables to avoid them being stolen.
- Sedation endoscopy starts after the guardian comes and resides, and you must go home with the guardian. (Self-driving is prohibited)

# Jeju National University Hospital **Health Promotion Center**

## Reservation and inquiry

0	3.00 10.30		05.00 10.50
Cancer center 2 <sup>nd</sup> floor, Health Promo	tion Center	+82-64-717-1550, 1551	
Online		Open only on weekdays	
health.jejunuh.co.kr		Reservation change is required	

09.00~16.30

#### Way to come

On visit



# Jeju National University Hospital **Health Promotion Center**

09.00~16.30

(63241) 15, Aran 13-gil, Jeju-si, Jeju-do, Republic of Korea (ara1dong)

at least 5 days in advance

Tel +82-64-717-1550, 1551 Fax +82-64-717-2091